

## Welcome to Little bear

Greetings brothers and sisters Welcome to the Cave Step inside and see what is on the menu today ... other than yourself of course

Little bear activities:

- Readings
- Mediumship
- Psychic guidance
- Spiritual guidance
- Chakra balancing
- Reiki
- Massage, including Aromatherapy, Reflexology, Indian Head massage
- Iridology
- Holistic health advice and counselling